

When the Dark Days Come

1 Kings 19:1-18

Introduction

After Elijah's incredible experience on Mt. Carmel, he gets thrown into a deep depression. God's great prophet runs, hides, and hopes to die. He truly is a man with a nature like ours!

Elijah needs God to respond in a big way. However, instead of demonstrating His power, God gives Elijah something he needs even more: His presence.

When we are in our dark days, we need to seek His presence more than His power because His presence gives us at least three gifts:

- 1) Comfort
- 2) Correction
- 3) Clarity

Main Idea:

Seek God's presence instead of His power during dark days.

Discussion

- 1) Was Elijah's fear of Jezebel legitimate? Why or why not?
- 2) Why do we get depressed after we see God work in a big way?
- 3) What lessons can we draw from the comfort God gives Elijah in verses 5-7.
- 4) What is significant about Elijah going to Mt. Horeb to meet God?
- 5) Where was Elijah's focus when he responded to God's question in **verses 9-10**?
- 6) What lessons was God trying to teach Elijah through His demonstrations of power?
- 7) How have you heard God's "gentle whisper" in your dark days?
- 8) What do we learn from God's answer to Elijah (verses 15-18)?

Application

- 1) Are you in dark days? If so, are you willing for God to comfort you with His presence, even when He doesn't display His power like you would like?
- 2) Are you listening for His gentle whisper? What is He calling you to do?